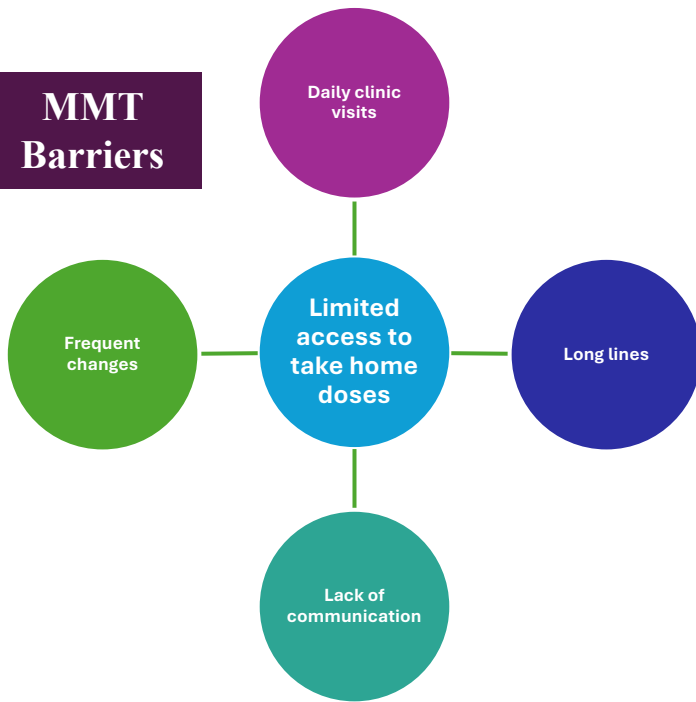


# Methadone Maintenance Treatment Take-Home Policies and Patients

## Study Background & Context

- Methadone Maintenance Treatment (MMT) is one of the most effective ways to help people who use opioids. MMT can reduce the risk of overdose, arrest, and the transmission of blood-borne viruses like HIV and HCV.
- However, MMT has low rates of uptake and retention, which prevents it from reaching its full potential as a harm reduction and public health intervention.

### MMT Barriers



### Recommendations

- ❖ Improve delivery systems
- ❖ Regulate methadone like buprenorphine
- ❖ Ease policies in clinics

**Source:** Frank, D., Mateu-Gelabert, P., Perlman, D., Walters, S., Curran, L., & Guarino, H. (2021). "It's like liquid handcuffs": The effects of take-home dosing policies on Methadone Maintenance Treatment (MMT) patients' lives. *Harm Reduction Journal*, 18.